

Sofia Belard

Partner | Lisbon

(+351) 213 218 600
afma@afma.pt

With more than 30 years' experience, she has advised clients (mainly multinationals) from different sectors, in various areas of law. Coordinator of the Pharmaceutical, Veterinary and Cosmetics area, co-coordinator of the Consumer, Distribution and Competition and Commercial, Corporate and M&A areas.

"A lawyer should be a partner to the client, in the sense that they form a unique team, where through the sharing of knowledge and experience, the best result for the client is achieved."



Experience

Advising corporate clients from different business sectors in the area of commercial and corporate law, in particular the acquisition and merger of companies, the acquisition of assets or business units, including due diligence.

Day-to-day legal support for corporate clients (resolution of corporate, contractual, employment, regulatory, competition and restrictive practices matters).

Practice Areas

Commercial and Corporate

Mergers and Acquisitions

Employment

Competition and Restrictive Practices

Agency and Distribution

Setores

Food, Food Supplements and Cosmetics

Petfood

Veterinary

Pharmaceuticals, DM and Healthcare

Languages

Portuguese

English

Spanish

French

Professional Path

Tutor at the Faculty of Law of the University of Lisbon on Family Law, Succession Law and Civil Procedural Law (1988-1990)

Trainee Lawyer Pena, Machete & Associados (1989 -1990)

Lawyer at Carlos de Sousa e Brito & Associados (1990 -1999)

Lawyer with AFMA since February 1999

Director of Estoril Tennis Club (2000-2002)

Vice President of the Portuguese Tennis Federation (2011-2013)

Member of the General Meeting Board of several companies

Academic Background

Law Degree from the Lisbon Law Faculty (1989)

Attended the Master's Degree course in Legal Sciences at the Lisbon Faculty of Law (1990)

Postgraduate degree in Tax Law, Universidade Atlântica (2001-2002)

Attendance of the III Course on Industrial Property (Lisbon Faculty of Law 2012)

Admitted to the Bar Association in 1991